**TA MODULE**

**ASK ALL ADULTS IN GB AGED 16+**

**ARQ1**

**WORD CHANGES AT: Alccd1, Alcatt.**

**REVERT BACK FILTERS FOR Alccd1.** **Alcbi2, Alcbi2a, Alcmotiv, Alcatt, Alcaid, Alcmot**

**.notshowscreen**

**NEW SCREEN**

INTERVIEWER PLEASE NOTE: IN THE NEXT SECTION, WHERE WE ARE ASKING QUESTIONS THAT REQUIRE A **NUMERIC RESPONSE**, PLEASE USE **CTRL+1 INSTEAD OF DK**, IN INSTANCES WHERE THE RESPONDENT STATES THAT THEY ARE UNSURE

**NEW SCREEN**

The next few questions form part of a study about consumption of alcohol. We understand that this is a highly sensitive topic and would therefore like to remind you that any information you give me is strictly confidential and will be used for research purposes only. Some questions asked may not necessarily apply to you.

**NEW SCREEN**

These first few questions ask about the alcohol you have drunk **in the last 6 months**, including about how many standard drinks you have consumed. Please note that 1 standard drink equals 1 unit of alcohol. So, for example, a small glass of wine or a single measure of spirits is 1 standard drink, while a pint of regular beer or lager is equal to 2 standard drinks or 2 units, and a bottle of wine is equal to 9 units If you are unsure, please ask me to help you work it out.

Please be aware that all your answers will be handled confidentially.

**Code values for working out audit scores**

|  |  |  |
| --- | --- | --- |
| **Question** | **Code** | **Value for audit score** |
| **Audit1** | 1 – Never | 0 |
|  | 2 – Monthly or less | 1 |
|  | 3 – 2 to 4 times a month | 2 |
|  | 4 – 2 to 3 times a week  | 3 |
|  | 5 – 4 to 5 times a week | 4 |
|  | 6 – 6 or more times a week | 4 |
| **Audit2** | 1 – 1 to 2 | 0 |
|  | 2 – 3 to 4 | 1 |
|  | 3 – 5 to 6 | 2 |
|  | 4 – 7 to 9  | 3 |
|  | 5 – 10 to 12 | 4 |
|  | 6 – 13 to 15  | 4 |
|  | 7 – 16 or more | 4 |
| **Audit3 – 8** | 1 – Never | 0 |
|  | 2 – Less than monthly | 1 |
|  | 3 – Monthly | 2 |
|  | 4 – Weekly | 3 |
|  | 5 – Daily or almost daily  | 4 |
| **Audit9 – 10**  | 1 – No | 0 |
|  | 2 – Yes, but not in the last 6 months | 2 |
|  | 3 – Yes, during the last 6 months | 4 |

**ASK ALL**

**audit1.** How often do you have a drink containing alcohol?

READ OUT IF NECESSARY

**SP**

0. Never

1. Monthly or less

2. 2 to 4 times a month

3. 2 to 3 times a week

4. 4 to 5 times a week

5. 6 or more times a week

6. Don’t know (DO NOT READ OUT)

7. Refused (DO NOT READ OUT)

**[skip to ARQ1 if audit1=0]**

**ASK ALL EXCEPT 0 AT audit1**

**audit2.** How many standard drinks containing alcohol do you have on a typical day when you are drinking?

READ OUT IF NECESSARY

**INTERVIEWER: IF RESPONDENT SAYS ‘DON’T KNOW’ ENCOURAGE THEM TO GIVE BEST ESTIMATE**

**SP**

0. 1 to 2

1. 3 to 4

2. 5 to 6

3. 7 to 9

4. 10 to 12

5. 13 to 15

6. 16 or more

7. Don’t know (DO NOT READ OUT)

8. Refused (DO NOT READ OUT)

**ASK ALL EXCEPT 0 AT audit1**

**audit3.** How often do you have six or more standard drinks on one occasion?

READ OUT IF NECESSARY

**SP**

0. Never

1 Less than monthly

2 Monthly

3 Weekly

4 Daily or almost daily

5. Don’t know (DO NOT READ OUT)

6. Refused (DO NOT READ OUT)

**~~[Skip to audit9 if audit2 and audit3 are both 0.]~~**

**~~ASK ALL EXCEPT THOSE [GOR=10,11] ANSWERING CODE 0 AT audit2 AND audit3 IN SCOTLAND AND WALES ONLY~~**

**~~audit4.~~** ~~How often during the last 6 months have you found that you were not able to stop drinking once you had started?~~

~~READ OUT IF NECESSARY~~

**~~SP~~**

~~0. Never~~

~~1 Less than monthly~~

~~2 Monthly~~

~~3 Weekly~~

~~4 Daily or almost daily~~

~~5. Don’t know (DO NOT READ OUT)~~

~~6. Refused (DO NOT READ OUT)~~

**~~ASK ALL [GOR=10,11] EXCEPT THOSE ANSWERING CODE 0 AT audit2 AND audit3 IN SCOTLAND AND WALES ONLY~~**

**~~audit5.~~** ~~How often during the last 6 months have you failed to do what was normally expected from you because of drinking?~~

~~READ OUT IF NECESSARY~~

**~~SP~~**

~~0. Never~~

~~1 Less than monthly~~

~~2 Monthly~~

~~3 Weekly~~

~~4 Daily or almost daily~~

~~5. Don’t know (DO NOT READ OUT)~~

~~6. Refused (DO NOT READ OUT)~~

**~~ASK ALL [GOR=10,11] EXCEPT THOSE ANSWERING CODE 0 AT audit2 AND audit3 IN SCOTLAND AND WALES ONLY~~**

**~~audit6.~~** ~~How often during the last 6 months have you needed a first drink in the morning to get yourself going after a heavy drinking session?~~

~~READ OUT IF NECESSARY~~

**~~SP~~**

~~0. Never~~

~~1 Less than monthly~~

~~2 Monthly~~

~~3 Weekly~~

~~4 Daily or almost daily~~

~~5. Don’t know (DO NOT READ OUT)~~

~~6. Refused (DO NOT READ OUT)~~

**~~ASK ALL [GOR=10,11] EXCEPT THOSE ANSWERING CODE 0 AT audit2 AND audit3 IN SCOTLAND AND WALES ONLY~~**

**~~audit7.~~** ~~How often during the last 6 months have you had a feeling of guilt or remorse after drinking?~~

~~READ OUT IF NECESSARY~~

**~~SP~~**

~~0. Never~~

~~1 Less than monthly~~

~~2 Monthly~~

~~3 Weekly~~

~~4 Daily or almost daily~~

~~5. Don’t know (DO NOT READ OUT)~~

~~6. Refused (DO NOT READ OUT)~~

**~~ASK ALL [GOR=10,11] EXCEPT THOSE ANSWERING CODE 0 AT audit2 AND audit3 IN SCOTLAND AND WALES ONLY~~**

**~~audit8.~~** ~~How often during the last 6 months have you been unable to remember what happened the night before because you had been drinking?~~

~~READ OUT IF NECESSARY~~

**~~SP~~**

~~0. Never~~

~~1 Less than monthly~~

~~2 Monthly~~

~~3 Weekly~~

~~4 Daily or almost daily~~

~~5. Don’t know (DO NOT READ OUT)~~

~~6. Refused (DO NOT READ OUT)~~

**~~ASK ALL IN SCOTLAND AND WALES ONLY [GOR=10,11]~~**

**~~audit9.~~** ~~Have you or someone else ever been injured as a result of your drinking?~~

~~READ OUT IF NECESSARY~~

**~~SP~~**

~~0. No~~

~~1. Yes, but not in the last 6 months~~

~~2. Yes, during the last 6 months~~

~~3. Don’t know (DO NOT READ OUT)~~

~~4. Refused (DO NOT READ OUT)~~

**~~ASK ALL IN SCOTLAND AND WALES ONLY [GOR=10,11]~~**

**~~audit10.~~** ~~Has a relative or friend or a doctor or another health worker ever been concerned about your drinking or suggested you cut down?~~

~~READ OUT IF NECESSARY~~

**~~SP~~**

~~0. No~~

~~1. Yes, but not in the last 6 months~~

~~2. Yes, during the last 6 months~~

~~3. Don’t know (DO NOT READ OUT)~~

~~4. Refused (DO NOT READ OUT~~

**~~ASK IF CODES 2-6 AT audit1~~ APRIL ONLY NOT TO BE ASKED AFTER APRIL 2024**

**~~TA47\_04.~~** ~~As you may be aware, some drinks contain more alcohol than others. The amount of alcohol in a drink is measured in units.~~

~~Before today, have you ever heard of there being a recommended maximum number of alcohol units people should drink in a day or a week?~~

~~This is sometimes known as a ‘drinking guideline’.~~

**~~SINGLE CODE, ALLOW DK~~**

~~1. Yes~~

~~2. No~~

~~3. Don’t know~~**~~ASK IF CODES 1 AT TA47\_04. DO NOT ASK IF “OTHER” AT GENDER~~**

**~~TA47\_05x1.~~** ~~Can you tell me how many units per day or per week that drinking guideline is for~~ **~~[IF GENDER IS FEMALE INSERT:~~** ~~women~~**~~; IF GENDER IS MALE INSERT:~~** ~~men~~**~~]~~**~~?~~

**~~INTERVIEWER:~~** ~~Please allow respondent to choose how they would prefer to answer.~~

**~~SINGLE CODE, FORWARD AND REVERSE CODES 1 & 2, ALLOW DK~~**

~~1. Per week~~

~~2. Per day~~

~~3. Don’t know~~

**~~ASK IF CODES 1 OR 2 AT TA47\_05x1. DO NOT ASK IF “OTHER” AT GENDER~~**

**~~TA47\_05x2.~~** ~~Can you tell me how many units~~ **~~[IF CODE 1 AT TA47\_05x1 INSERT:~~**~~per day~~**~~; IF CODE 2 AT TA47\_05x2 INSERT:~~**~~per week~~**~~]~~** ~~that drinking guideline is for~~ **~~[IF GENDER IS FEMALE INSERT:~~** ~~women~~**~~; IF GENDER IS MALE INSERT:~~** ~~men~~**~~]~~**~~?~~

**~~NUMERIC, ALLOW RANGE 1-99, ALLOW DK & REF~~**

**~~NEXT TO NUMERIC BOX INSERT TEXT:~~** ~~units~~ **~~[IF CODE 1 AT TA47\_05x1:~~** ~~per week~~**~~; IF CODE 2 AT TA47\_05x2:~~** ~~per day~~**~~]~~**

**ASK** **score ≥ 5 on audit1,2&3**

**~~ASK ALL EXCEPT 0 AT audit1~~**

**~~ALL DRINKERS~~**

**Alccd1.** Are you currently trying to restrict your alcohol consumption e.g. by drinking less, choosing lower strength alcohol, using smaller glasses, or by doing something else ?

**SP,**

(0) No

(1) Yes

2. Don’t know (DO NOT READ OUT)

3. Refused (DO NOT READ OUT)

**ASK if score ≥ 5 on audit1,2 & 3**

**~~ASK ALL EXCEPT 0 AT audit1~~**

**~~ALL DRINKERS~~**

**Alcbi2.**  In the last 12 months, has a doctor or other health worker within your GP surgery discussed your drinking?

Please select all that apply.

PROBE FULLY

**MULTICODE**

1. No **[SP]**

3. Yes, a doctor or other health worker within my GP surgery asked about my drinking

4. Yes, a doctor or other health worker within my GP surgery offered advice about cutting down on my drinking

5. Yes, a doctor or other health worker within my GP surgery offered help or support within the surgery to help me cut down

6. Yes, a doctor or other health worker within my GP surgery referred me to an alcohol service or advised me to seek specialist help.

7. Don’t know (DO NOT READ OUT)

8. Refused (DO NOT READ OUT)

**ASK if score ≥ 5 on audit1,2 & 3 ANDASK ALL CODE 1 (No) AT ALCBI.2**

**Alcbi2a.**  You said a doctor or other health worker within your GP surgery has not discussed your drinking with you in the last 12 months.

Please could you confirm which of the following statements applies to you:

PROBE FULLY

**SINGLECODE**

1. I have not seen a doctor or health worker within my GP surgery in last 12 months.

2. I have seen a doctor or health worker within my GP surgery in the last 12 months but did **not** discuss my drinking.

3. Don’t know (DO NOT READ OUT)

**ASK score ≥ 5 on audit1,2&3**

**~~ASK ALL EXCEPT 0 AT audit1~~**

**~~ALL DRINKERS~~**

**Alcmotiv.** Which of the following best describes you?

READ OUT

**SP, FORWARD AND REVERSE**

(7) I REALLY want to cut down on drinking alcohol and intend to in the next month

(6) I REALLY want to cut down on drinking alcohol and intend to in the next 3 months

(5) I want to cut down on drinking alcohol and hope to soon

(4) I REALLY want to cut down on drinking alcohol but I don't know when I will

(3) I want to cut down on drinking alcohol but haven't thought about when

(2) I think I should cut down on drinking alcohol but don't really want to

(1) I don't want to cut down on drinking alcohol

8. Don’t know (DO NOT READ OUT)

9. Refused (DO NOT READ OUT)

**ASK if score ≥ 5 on audit1,2 & 3**

**Alcexp.** On average about how much per week do you think you spend on alcohol for your own consumption?

Please only answer this if you are fairly confident that you know.

**INTERVIEWER: IF NECESSARY SAY: Please give your answer to the nearest pound, we do not need an exact figure.**

**(DP: ALLOW NUMERIC RANGE 1-500, DK)**

**ASK if score ≥ 5 on audit1,2 & 3**

Alcexp2. On a typical week, how much of this do you spend buying alcohol to consume on premises away from your home, e.g. in pubs, clubs, bars or restaurants?

INTERVIEWER: If respondent says 'Don't know', encourage them to give their best estimate. You will not be able to type in a number larger than the previous question.

IF NECESSARY SAY: Please give your answer to the nearest pound, we do not need an exact figure.

**(DP: ALLOW NUMERIC RANGE 1-500, DK – PLEASE HIDE DK WORDING)**

**ASK if score ≥ 5 on audit1,2 & 3**

**AlcASH1.** In the last 6 months, have you bought any alcohol for your consumption from any of the following?

**(DP: MULTI CODE, ALLOW DK)**

**READ OUT**

**INTERVIEWER: PLEASE CODE ALL THAT APPLY PROBE FULLY**: Which others?

1. Newsagent\Off licence\Corner shop

2. Petrol shop\Garage

3. Supermarket

4. Cash and Carry

5. Online\Internet\Apps (home delivery)

6. Pubs, bars, restaurants and nightclubs

7. People who sell cheaply on the street\car parks etc.

8. People in the local area who are a ready supply of cheap alcohol

9. Buy cheaply from friends

10. Buy from abroad and bring them back with me

11. Buy from England\Scotland or Wales [delete one as appropriate]

12. Newsagent\Off license\Corner shop\Pub - ''under the counter''

13. Homebrewed

14. Other (please specify)

15. Have not bought any in the last 6 months (DP: SINGLE CODE)

**ASK if score ≥ 5 on audit1,2 & 3**

**Alcurges.** How strongly have you felt the urge to drink alcohol in the past 24 hours?

READ OUT IF NECESSARY

**(DP: SINGLE CODE, FORWARD AND REVERSE)**

0. Not at all

1. Slight

2. Moderate

3. Strong

4. Very strong

5. Extremely strong

6. Don’t know (DO NOT READ OUT)

7. Refused (DO NOT READ OUT)

**ASK IF ~~CODES 2-6 AT AUDIT1~~ score ≥ 5 on audit1,2&3**

**~~ASK ALL EXCEPT 0 AT audit1~~**

**~~ALL DRINKERS~~**

**Alcatt.** How many attempts to restrict your alcohol consumption have you made in the last 12 months (e.g. by drinking less, choosing lower strength alcohol, using smaller glasses or by doing something else?

Please include all attempts you have made in the last 12 months, whether or not they were successful, AND any attempt that you are currently making.

**INTERVIEWER: IF RESPONDENT SAYS ‘DON’T KNOW’ ENCOURAGE THEM TO GIVE BEST ESTIMATE**

**ALLOW REF, DK**

**(DP: INSERT NUMERIC 0-99)**

**NEW SCREEN**

**[IF ‘0’ at Alcatt AND Yes at Alccd1 show additionally:** You earlier mentioned that you are currently trying to restrict your alcohol consumption.

The next few questions relate to the most recent attempt to restrict your alcohol consumption in the last 12 months. Please include any attempt you are currently making …

**ASK ALL CODING 1-99 OR DK AT Alcatt. OR YES AT Alccd1**

**Alcatt2.** During your most recent attempt to restrict your alcohol consumption, was it a serious attempt to cut down on your drinking permanently?

**SP**

1. Yes
2. No
3. Don’t know
4. Refused

**ASK ALL EXCEPT 0 at audit1 AND ALL CODING 1-99 OR DK AT Alcatt. OR YES AT Alccd1**

**Alcaid.** Which, if any, of the following did you use to try to help ~~you~~ restrict your alcohol consumption during the most recent attempt?

PROBE FULLY

**MP**

110. Any medicines (e.g., acamprosate (Campral), disulfiram (Antabuse), nalmefene (Selincro)

111. Attended one or more one-to-one or group counselling\advice\support sessions for help with drinking

112. Attended a specialist alcohol clinic or centre for help with drinking

113. Consulted a community pharmacist for help with drinking

114. Phoned a helpline for help with drinking (e.g. DrinkLine)

115. An alcohol self-help book or booklet

116. Visited a website for help with drinking

117. Used an alcohol application ('app') on a handheld computer (smartphone, tablet, PDA)

118. Hypnotherapy for help with drinking

119. Acupuncture for help with drinking

123. Low-alcohol/Alcohol-free drinks

120. Other (please specify)

121. None of these (DO NOT READ OUT)

122. Don’t know (DO NOT READ OUT)

**ASK ALL EXCEPT 0 at audit1 AND ALL CODING 1-99 OR DK AT Alcatt. OR YES AT Alccd1**

**Alcmot.** Which of the following, if any, do you think contributed to you making the most recent attempt to restrict your alcohol consumption?

PROBE FULLY

**MP**

110. Advice from a doctor\health worker

111. Government TV\radio\press advert

112. A decision that drinking was too expensive

113. I knew someone else who was cutting down

114. Health problems I had at the time

115. A concern about future health problems

116. Something said by family\friends\children

117. A significant birthday or event

118. Improve my fitness

119. Help with weight loss

120. Detox

122. To give up alcohol for a month (e.g., taking part in Dry January)

125 ~~The coronavirus outbreak~~

126 Improve my mental health or wellbeing

127 To avoid bad experiences when drinking (e.g. aggressive behaviour, hangovers, risk of injury, etc.)

~~Own decision/nothing~~

~~Had a baby / pregnant~~

~~To improve relationships~~

~~Family, work or education responsibilities~~

~~To gain more control over my drinking~~

121. Other (please specify)

123. None of these (DO NOT READ OUT)

124. Don’t know (DO NOT READ OUT)

~~NLA8 Which, if any, of the following applies to you? Please answer all that apply. Since my most recent restriction attempt…~~

**~~READ OUT~~**

**~~MULTICODE 3-6. RANDOMISE 3-6. 3 EXCLUSIVE WITH 5, 4 EXCLUSIVE WITH 6. ALLOW REF.~~**

1. ~~I have completely stopped drinking~~
2. ~~I have not changed my drinking~~
3. ~~I am drinking fewer alcoholic drinks than before my attempt~~
4. ~~I am drinking alcohol less often than before my attempt~~
5. ~~I am drinking more alcoholic drinks than before my attempt~~
6. ~~I am drinking alcohol more often than before my attempt~~
7. ~~Don’t know~~

**ASK ALL IN GB**

~~ASK ALL ADULTS 16+ IN GB~~ **~~OCTOBER ONLY~~**

~~I’m now going to read a list of policy suggestions relating to alcohol. For each one, please say to what extent you support or oppose each suggestion, or whether you have no opinion. So firstly….~~

~~ASK ALL ADULTS 16+ IN GB~~ **~~OCTOBER ONLY~~**

~~QAAP1~~ **~~<INSERT STATEMENT>~~**~~IF NECESSARY SAY: To what extent do you support or oppose this policy suggestion.~~

~~READ OUT IF NECESSARY~~

~~SINGLE CODE, RANDOMISE ORDER OF STATEMENTS~~

1. ~~Alcohol should be sold at a minimum price of at least 50p per unit.~~
2. ~~All products labels should feature health warnings designed by an independent health body.~~
3. ~~The sale of alcohol in shops should be restricted to between 10am and 10pm (as already implemented in Scotland).~~
4. ~~High strength drinks should be taxed at a higher rate than lower strength drinks.~~
5. ~~Public health should be considered when licence applications are made for alcohol outlets.~~
6. ~~Stronger measures should be introduced to limit children and young people’s exposure to alcohol advertising (e.g., restrictions on advertising at sporting/cultural events, in public spaces and online).~~
7. ~~An independent body should be established to monitor alcohol promotion, including product and packaging design.~~
8. ~~Change the legal limit for blood alcohol concentration for drivers to 0mg/100 ml (i.e., zero tolerance for drink-driving).~~
9. ~~All health and social care professionals should be trained to routinely provide advice about alcohol to their service users.~~
10. ~~Everybody who needs support for alcohol problems should be able to access it.~~
11. ~~Require the alcohol industry to publicly disclose business information relevant to its activities (such as sales data, details of lobbying and marketing).~~
12. ~~All product labels should state ingredient and nutritional information.~~
13. ~~Alcohol products should be less visible in supermarkets and shops (i.e., restrictions on how alcohol is displayed).~~
14. ~~There should be no alcohol sponsorship of sports clubs, events or competitions.~~

**~~SCALE [FORWARD AND REVERSE]~~**

~~1. Strongly support~~

~~2. Tend to support~~

~~3. No opinion either way~~

~~4. Tend to oppose~~

~~5. Strongly oppose~~

~~6. Unsure / Don’t know [FIX]~~

**ASK ALL IN GB (January, February, March)**

**~~ASK ALL 16+ EXCEPT 0 AT AUDIT1 IN APR, JUN, AUG, OCT, DEC~~**

**ARQ1**. How well would you say you yourself are managing financially these days? Would you say you are...

**SINGLE CODE FORWARD/REVERSE 1-5**

1. Living comfortably
2. Doing alright
3. Just about getting by
4. Finding it quite difficult
5. Finding it very difficult

**.notshowscreen**